



2025 CROSS COUNTRY SCHEDULE

HEAD COACH – Gerda Milfort

<u>DATE</u>	<u>DAY</u>	<u>TIME</u>	<u>MEET</u>	<u>FACILITY</u>
8/22	F	TBA	CONQUISTADOR INVITATIONAL	LARRY & PENNY PARK
9/5	F	TBA	FNU INVITATIONAL	LARRY & PENNY PARK
9/9	T	3 PM	LIGHTNING INVITATIONAL - 3	IVES ESTATES PARK 20901 NE 16th Ave, Miami, FL 33179
9/19-20	F-S	3PM	SPANISH RIVER INVITATIONAL	South County Regional Park 12551 Glades Road Boca Raton, FL 33498
9/30	T	3 PM	LIGHTNING INVITATIONAL - 5	IVES ESTATES PARK
10/7	T	3 PM	LIGHTNING INVITATIONAL - 6	IVES ESTATES PARK
10/10	F	TBA	DADE COUNTY YOUTH FAIR	LARRY & PENNY PARK
10/16	TH	TBA	GMAC CHAMPIONSHIP MEET	TROPICAL PARK 7900 SW 40th St, Miami, FL 33155
10/21	T	3 PM	LIGHTNING INVITATIONAL - 8	IVES ESTATES PARK
10/24	F	TBA	305 CLASSIC	LARRY & PENNY PARK
10/28	T	3PM	LIGHTNING INVITATIONAL - 9	IVES ESTATES PARK
10/30	F	TBA	JR ORANGE BOWL	LARRY & PENNY PARK
11/3-8	TBA	TBA	FHSAA DISTRICT	TBA
11/12-15	TBA	TBA	FHSAA REGIONAL	TBA
11/22	S	TBA	FHSAA STATE CROSS COUNTRY CHAMPIONSHIP	TBA

***THIS SCHEDULE FLUID AND IS SUBJECT TO CHANGE AT ANY TIME - REVISED 7/18/2025**

THANKS FOR SUPPORTING SHARKS ATHLETICS!!!

Principal-C. Shinn
Treasurer-A. Bradley
Activities Director – D. Goodman
Certified Athletic Trainer-J. Rothschild

Assistant Principal-A. Guerra
Business Manager-J. Brown
Assistant Athletic Director – J. Perez
Athletic Director-D. Alexander

Commitment to Excellence!

Alonzo & Tracy Mourning Sr. High School; 2601 NE 151 ST; Miami, Fl. 33160; P 305.919.2000; F 305.919.2001